

Seize the Day  
Seize the Journey  
Seize your Life

# Carpe Diem Education



Accredited  
by the Gap Year Association



Top 5% globally



Medical and mental health experts  
available 24/7

"I would recommend Carpe Diem to everyone. There are a few lessons that can only really be learned through traveling, and Carpe Diem does an amazing job of providing a safe but challenging platform for self-expansion and discovery. I really believe that I am a stronger person than I was three months ago, and I honestly owe all of that to this program."

- Emma Parker  
student

## Who & We Are What We Do

Four walls, books, desks, chairs, chalk boards?

And then there's Carpe Diem's classrooms: distant cities, tea on a balcony overlooking a foreign landscape, yoga, language immersion, trekking the Himalayas, building solar-ovens, thatching roofs, volunteering, meditation, leadership, climate change, and finding out what you love and want to do for a living.

"On this side of Covid, as we struggle with social media's influence and increasingly significant impacts from climate change and politics, we aspire to INSPIRE YOU towards curiosity and some purpose-orienting. "One of humanity's greatest faults is that for most, we can only dream as big as we've seen." So, at Carpe Diem, it's our goal to put each student in front of inspiring people and places, each having a positive impact on the local community, and on your own personal dreams. "At Carpe Diem we have a practiced belief that "passion is a better predictor of success than IQ will ever be."

By offering programs in every corner of the globe for almost 20 years, we have found that students learn best by experiencing lessons through travel; skills such as language development, cultural competency, and the rekindled ability to passionately explore and learn about their world are critical outcomes that every Carpe Diem student shares.

We strongly believe that the world will always be a scary place, until you meet the individuals who live in each place, and understand their story better. This includes within the cohort of students, and especially along the paths of each program.



## Safety

We work with the best, and have 24/7 access to doctors with vast international experience. This also includes mental health experts and risk management experts, that all are supported by a standard health and evacuation insurance bought for each eligible student as part of your tuition. Our policies are the foundation of the entire gap year industry in the US, and we are proud to have lead the field for almost two decades.

## Mission

Inspiring emerging leaders to hope, grow, and connect to solutions for our planet and its residents through experiential education, and sincere engagement with local communities and their projects.

## Values

1. Meet People Where They Are - Growth happens best when individuals are seen and their skills and challenges are acknowledged with love.
2. Cultivate Faith in Humanity - Collaboration is essential for progress. Invest in humanity's future through meaningful connections that show real pathways toward progress.
3. Embrace Growth & Transformation - Everything changes. Each day affords the opportunity to inspire ourselves and others with our approach to change.
4. Enrich Education Through Accessible Experiences - Strive for experiences that cultivate empathy, understanding, and place-building.
5. Connect Authentically - SHOW UP with integrity and include everyone who genuinely wants to share most of our vision.
6. Play Wherever Possible - Embrace the absurdity and humor of life, creating new possibilities and encouraging positive impact.
7. Start From The Center - Prioritize personal growth to better serve others. We avoid undermining good intentions by poor planning and unspoken issues.
8. Combat Climate Change - Promote good acts, amplify their impact, and push for broader systems change on both planetary and societal levels.

Where your future  
meets its  
inspiration.

"Wow. 10 out of 10. The leaders are so skilled in both travel AND teenagers. I can't imagine a better experience for my kid. And neither can he. He came back stronger, smarter, kinder, more confident, and more capable. His anxiety is way down. His joy is up. He discovered he loves travel, friends, adventure, and service more than he loves screens. Hallelujah!! It's not a cushy trip; they had some hard experiences, but I have never seen my child more alive and present. ☀️"

- Abigail Wald  
parent

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CARPEDIEMEDUCATION.ORG

 **CARPE DIEM**  
EDUCATION



# OUR PROGRAMS

## YEARLONG LATITUDES PROGRAM GROUP TRAVEL SEMESTER + FOCUSED VOLUNTEER PLACEMENT

### 8- and 10-WEEK GROUP SEMESTERS | OFFERED SPRING AND FALL

As an experiential education organization, our four key goals are:

1. Leadership
2. Sustainability + Climate Change
3. Self-Awareness
4. Community

Our international and domestic gap year programs are designed for students interested in truly broadening their perspective and exploring both themselves and the world around them. All of our programs involve immersive cultural opportunities, environmental service learning, homestays, experiential education, outdoor adventure and independent travel, with each region providing its own flavor and cultural richness. Each Semester is led in the field by two of our highly trained and expert Overseas Educators, whose job includes mentorship, risk management, logistics, and of course regional expertise.

# FINANCIAL AID

Due to our relationships with colleges, and well-established educational activities, students are both able to use their 529 college savings plans, and apply for scholarships through our internal process.

Using a 529, students can pay for all tuition and expenses, except for airfare. Otherwise, Carpe Diem offers up to \$5,000 in needs-based scholarships per semester.

# UNIVERSITY CREDIT

Through several relationships with institutions of higher education, Carpe Diem is able to offer between 6-12 semester credits each semester. Credits are designed to deepen an immersive experience, with the vast majority of requirements happening through daily participation in the semester. Each course additionally requires reading a book while on program, and writing a paper at the end of the program. Our university relationships are with the University of Montana, and Western Colorado University. Course credit typically costs up to \$2,500 per semester regardless of the number of credits taken.

# OUR SEMESTER PROGRAMS

**INDIA & NEPAL:** Kathmandu to Kochi | Buddhist Philosophy \* Hindu Religion \* Spiritual and Mindfulness Retreat \* Yoga Ashram \* Trek the Himalayas \* Taj Mahal \* Climate Change and Sustainability \* Local Arts and Cooking \* Wildlife\*

**CENTRAL AMERICA:** Guatemala and Costa Rica | 1 on 1 Spanish Study and Immersion \* Mayan Culture \* Trekking \* Surfing Environmental & Social Service Projects \* Spiritual Retreat and Yoga \* Alternative Building Sea Turtle Conservation \* Permaculture \*

**SOUTHEAST ASIA:** Thailand and Cambodia | Buddhist Studies \* Thai Language \* Trekking \* Organic Farming \* Climate Change & Sustainability Projects \* Angkor Wat \* Homestays \* Environmental & Cultural Conservation Service Projects \* Self-Sufficient Communities \* Peer Activism

**ITALY & GREECE:** Ancient Cities \* Community Living \* Environmental and Climate Change Projects \* Italian Cooking \* Arts, Writing, and Journaling \* Climate and Refugee Migration \* Community Experts & Local Villas \* Arts, Music, and Pottery \* Athens \* Rome \* Crete \* Florence

**ANTIGUA, GUATEMALA:** Place-Based \* Community Living \* Spanish Studies \* Independent Learning Opportunities that are Student Directed \* Indigenous History \* Green Building \* Life Skills \* Arts and Cooking \* Sustainability & Climate Change

**HAWAII:** Maui and the Big Island | Regenerative Agriculture \* Marine Studies \* Hawai'iian History and Spiritual Traditions \* Camping & Outdoor Living \* Healthy Food and Cooking \* Yoga and Mindfulness Retreat \* Women's Entrepreneurship

# LATITUDES PROGRAM

**1ST SEMESTER:** 3-Month Group Travel \* Choose from one of our regional programs and participate in a range of profound experiences.\* Challenge yourself to grow and explore with the support of a small group and leaders.\* Learn how to travel, with risk management training and mentorship.\*

**2ND SEMESTER:** Focused Volunteer Placement \* Volunteer your time and focus on personal goals through immersion at a local NGO, non-profit, or another organization.\* Engage with a local community and deepen your network and practical skills.\* Experiment with a college major and career before you're 2-years into a degree.\*

\*The Latitudes Program includes a 1 day virtual orientation, where students work directly with their Latitudes Director to establish logistics, clarify and train on risk management protocols, and set goals and intentions for the year.\*

\*Latitudes tuition includes two semesters of college credit.\*

## FINANCIAL AID & FAFSA

Carpe Diem programs qualify for FAFSA Federal Financial Aid when combined with college credit. Please visit the Financial Aid section of our website for more detailed information on scholarships that have been previously awarded to Carpe Diem students.

## PROGRAM TUITION

### GROUP SEMESTERS

\$12,900 - \$19,900  
(Depending on Region)

### LATITUDES YEAR

\$24,575 - \$29,275  
(Depending on Region)

